

Health and Wellbeing Strategy Action Plan

Goal: Opportunity for All

OBJECTIVE: A3: Development of a Thurrock Teenage Pregnancy Reduction Strategy		OBJECTIVE LEAD: Tim Elwell-Sutton		
Action	Outcome	Action lead	Delivery Date	Reference to existing strategy or plan
<p>Strengthen SRE in schools:</p> <ul style="list-style-type: none"> • Health professionals deliver relevant relationship and sex education (RSE) sessions in all senior schools • Thurrock Careers deliver Inspirational Agenda to secondary schools to raise aspirations of girls to progress into a rewarding career with Particular focus on harder to reach areas with generation issues of teenage pregnancies. • Develop a bespoke education programme aimed at (young boys) age 13+ to include relationships, respect, pregnancy • Youth Cabinet to be involved in the development of the online C-Card and 	<p>Prevention of under18 conceptions (NICE PH3)</p> <p>Raise awareness within school setting</p> <p>Raise aspirations of girls to progress into a rewarding career.</p> <p>Raising awareness and changing attitudes of young boys around relationships, respect and pregnancy (as recommended by youth cabinet)</p> <p>Increase >40% of Under-25 year olds that undertake an assessment for a C-Card</p>	<p>Action: North East London NHS Foundation Trust (NELFT), Midwives/Family Nurse Partnerships</p> <p>Action: Children's Services</p> <p>Action: NELFT</p> <p>Action: Children's Services/ NELFT</p>	<p>April 2016-April 2017</p> <p>March 2016- May 2016</p> <p>April 2016 Complete</p> <p>April 2016 Complete</p>	<p>Teenage Pregnancy Strategy: beyond 2010</p> <p>Integrated Sexual Health Service Specification</p>

its promotion in schools				
<p>Improve access to contraception:</p> <ul style="list-style-type: none"> Sexual Health Clinic have drop in sessions available rather than by appointment only Sexual Health twitter post on @SHSthurrock to signpost young people to sexual health services and school nurse drop in centres Sexual health professional have a monthly session in each secondary school to be available for Long Active Reversible Contraception (LARC) Thurrock Careers Personal Adviser with a lead for Teenage Pregnancy/Parents works in partnership with Family Information Service (FIS), WISHES, Family Nurse Partnership (FNP), Children's Centres, youth hostels to deliver individualised and targeted career support to increase participation in employment, education and training; to increase Care To Learn take up. Supporting pastoral activities in schools for sexual health, working with the "Aspire" faith based group within Hassenbrook 	<p>Prevention of under18 conceptions and Contraceptive services for under 25 (NICE PH3, PH51)</p> <p>Increase the number of young people at risk accessing sexual health services.</p> <p>Increase accessibility to young people for the use of LARC (NICE CG30, PH51)</p> <p>Raise aspiration of young people and improved signup for Care to Learn</p> <p>Increase aspirations and accessibility to young people</p>	<p>Action: NELFT</p> <p>Action: NELFT</p> <p>Action: NELFT</p> <p>Action: Children's Services</p> <p>Action: Jo Pitt</p>	<p>May 2016 – Sept 2016</p> <p>May 2016 - ongoing</p> <p>May 2016 - ongoing</p> <p>May 2016 - ongoing</p> <p>May 2016 – Sept 2016</p>	<p>Teenage Pregnancy Strategy: beyond 2010</p> <p>Integrated Sexual Health Service Specification</p>

<ul style="list-style-type: none"> Group of young people from the Youth Cabinet to work alongside NELFT to review and develop the Go Girls and Delay 	<p>Engagement of young people to create and effective prevention programme</p>	<p>Action: Children's Services</p>	<p>April 2016 Complete</p>	
<p>Strengthen primary care delivery of family planning:</p> <ul style="list-style-type: none"> Development of an action plan for increasing the uptake of LARC via GP's Review and develop the community pharmacy sexual health contract Review primary care contracts and streamline process to encourage greater sign up 	<p>Prevention of under18 conceptions and Contraceptive services for under 25 (NICE PH3, PH51). Increase >50% of Under-25 year olds that have had a discussion on LARC as a contraception option</p> <p>Prevention of under18 conceptions and Contraceptive services for under 25 (NICE PH3, PH51).</p> <p>Prevention of under18 conceptions and Contraceptive services for under 25 (NICE PH3, PH51). Increase >50% of Under-25 year olds that have had a discussion on LARC as a contraception option</p>	<p>Action: Thurrock CCG and Jo Pitt</p> <p>Action: Essex LPC and Jo Pitt</p> <p>Action: Jo Pitt/Sarah Hurlock</p>	<p>August 2016</p> <p>April 2016 Complete</p> <p>April 2016 Complete</p>	<p>Teenage Pregnancy Strategy: beyond 2010</p> <p>Integrated Sexual Health Service Specification</p>
<p>Evaluation</p> <ul style="list-style-type: none"> Provision of previous Teenage Pregnancy strategy, best practice etc. Provision of statistics on education, training, employment (EET) and not in education, training, employment (NEET) teenage parents 16-19 in Thurrock 	<p>Increase ability to find areas of innovation and best practice</p>	<p>Action: Essex LPC</p> <p>Action: Children's Services</p>	<p>May 2016 - ongoing</p> <p>Ongoing</p>	<p>Teenage Pregnancy Strategy: beyond 2010</p> <p>Integrated Sexual Health Service Specification</p>

<ul style="list-style-type: none"> Provision of validated data and current NHS tariffs 		Action: Essex LPC	May 2016 - ongoing	
Multi Agency Working <ul style="list-style-type: none"> Midwives to be included in the Forum i.e. the teenage midwives from Basildon 	Prevention of under18 conceptions and Contraceptive services for under 25 (NICE PH3, PH51)	Group	May 2016 - ongoing	Teenage Pregnancy Strategy: beyond 2010 Integrated Sexual Health Service Specification