

19 October 2023		ITEM: 7
<b>Health and Wellbeing Board</b>		
<b>Southend, Essex and Thurrock (SET) LeDeR Annual Report 22/23.</b>		
<b>Wards and communities affected:</b> This report covers the whole of Southend, Essex and Thurrock.	<b>Key Decision:</b> Non-Key Decision For Information.	
<b>Report of:</b> Andrew Graham, Learning Disability Health Equality Commissioner For Adults, Southend, Essex and Thurrock Learning Disability / Autism Health Equality Team.		
<b>This report is public.</b>		

## Executive Summary

To inform the Health and Wellbeing Board of the learning from LD deaths in the year 22/23.

To seek support for the development of a further 3-year LeDeR plan and to refresh the current 2021-24 plan.

### 1. Recommendation(s)

- 1.1 To note the LeDeR End of Year report and associated documents.
- 1.2 To seek support for the development of a further 3-year LeDeR plan and to refresh the current 2021-24 plan.

### 2. Introduction and Background

- 2.1 The LeDeR programme reviews all deaths of people with learning disability and autistic people whose deaths are notified and seeks to identify improvements to health and social care which could prevent premature deaths and deliver equity of access to services, so that people now alive with learning disability and/ or autism can live long and good quality lives.
- 2.2 In 2022/23 113 people with Learning Disability and / or Autism died (7 children/young people) in Southend, Essex and Thurrock (SET). The median average age at death for adults across SET in 2022/23 was 57. This is a reduction on the average age of death in the 2021/22 report, which we are monitoring.

- 2.3 We believe that we are still seeing the impact of Covid 19 on our notifications and across health provision. One explanation for the reduction in the average age at death is that some of the oldest adults died during the pandemic who might otherwise have died in 22/23. For example, there are only 113 death notifications this year. This is the same number as the number of adult's deaths notified to LeDeR in 2020/21 that were over 60. Then in 2021/22 there were 69 deaths notified to LeDeR of people over 60.
- 2.4 The SET LeDeR programme is committed to maintaining good performance in the Key Performance Indicators (KPIs). The programme is also in compliance with the revised LeDeR policy in terms of team structure and approach.
- 2.5 Themes arising from recommendations in the 22/23 report confirms findings from previous years and highlights additional items to explore. These recommendations are either already being explored by existing workstreams or will be actioned this financial year.
- 2.6 Pneumonia and aspiration pneumonia remains the main direct causes of death for people with learning disability in SET. This is not the same for the rest of the population.
- 2.7 One of the main areas of integration and progress in 22/23 continues to be early aging and frailty in people with learning disability. Specialist LD Health services are working with partners to implement change and are increasingly involving relevant mainstream health services.
- 2.8 The SET LeDeR 3 year deliverable plan should be noted as all organisations will need to drive implementation. This plan is monitored by the SET LeDeR Steering Group and is due to be reviewed this year as it comes to an end on 31<sup>st</sup> March 2024. We would like your support to create a new 3-year deliverable plan.
- 2.9 Within the report 13 key recommendations were made based on the themes identified. These include highlighting the importance of prevention, awareness of LeDeR, care pathways, advocacy, end of life planning and primary care.

### **3. Issues, Options and Analysis of Options**

- 3.1 There are no options associated with this report.

### **4. Reasons for Recommendation**

- 4.1 Noting the LeDeR End of Year report and associated documents is very important to be aware of the learning from people experience of care throughout their life and at their death. It also highlights key recommendations to make improvement moving forward.

4.2 Supporting the development of a further 3-year LeDeR plan by refreshing the current 2021-24 plan will give us the opportunity to embed the latest learning of LeDeR, target specific change and continue to reduce health inequalities for people with Learning Disabilities and / or Autistic people.

**5. Consultation (including Overview and Scrutiny, if applicable)**

5.1 Not applicable.

**6. Impact on corporate policies, priorities, performance and community impact**

6.1 Not applicable.

**7. Implications**

**7.1 Financial**

Not applicable.

**7.2 Legal**

Not Applicable.

**7.3 Diversity and Equality**

A Community Equality Impact Assessment has not been completed for this paper as this is a discussion paper updating on the SET LeDeR Annual Report for 22/23.

However, it is important to note the work of the Southend, Essex and Thurrock Learning Disability and Autism Health Equality Team and in particular the LeDeR Programme is designed to positively impact people with a Learning Disability and / or Autistic people by:

- Identifying and reducing health inequalities and promoting access to healthcare as well as appropriate support.
- Being mindful of how those with protected characteristics may experience care and support differently throughout their lives as well as deaths and capturing learning.
- Working towards closing the gap between the life expectancy of those with Learning Disabilities and / or Autism in comparison to the general population.

**7.4 Other implications**

Not Applicable.

## 8. Background papers used in preparing the report

- SET LeDeR Annual Report 22/23.



SET LeDeR Annual  
Report V2\_3 - Final.pc

- SET LeDeR Annual Report Summary Slides 22/23.



22\_23 SET LeDeR  
Annual Report Summ

- Current SET LeDeR 3 year deliverable plan (2021 – 2024).



LeDeR 3 Year  
Deliverable Plan - Eas

- SET LeDeR Annual Report 22/23 Thurrock Specific Insights.



SET LeDeR Annual  
Report 22\_23 Thurroc

## 9. Appendices to the report

- Appendix 1: Southend, Essex and Thurrock (LeDeR) Annual Report 2022 - 2023

### Report Author:

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