



Best care by the best people

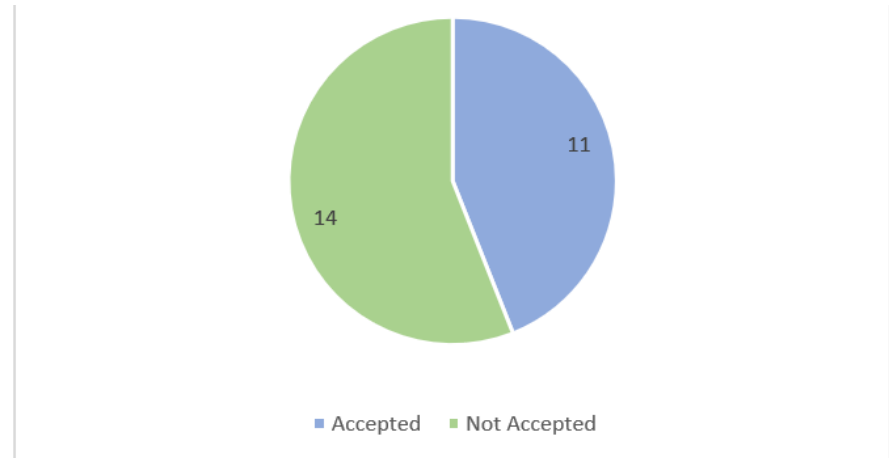
# SET CAMHS Annual report for Looked After Children January 2022 - December 2022



# Thurrock LAC Referrals between January 2022 – December 2022

- Thurrock SET CAMHS received a total number of **25** formal referrals into the service between January 2022 and December 2022.
- Out of these **25 referrals into SET CAMHS 11 referrals were accepted and 14 were not accepted.**

## LAC Referrals



# Thurrock LAC Referrals between January 2022 – December 2022

- One of the referrals into SET CAMHS had not been accepted based on the Single Point of Access (SPA) deeming the referral not appropriate due to no mental health present and therefore discharging from the service with the option to re-refer if required.
- **The outstanding 24 LAC cases had been offered a LAC Consultation/Assessment** and each child or young person would have been provided with a LAC Consultation report, giving details of the formulation of the young person's presenting emotional and mental health needs and how these can be appropriately addressed.
- Out of the 11 referrals that were accepted 6 remain open to CAMHS and are receiving treatment, therefore SET CAMHS currently have 6 overall caseload of LAC cases still open.



# LAC Lead Role

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Within the CAMHS team there is a dedicated LAC Lead clinician who provides support and advice to social care by offering weekly consultation slots.

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These slots are regularly used by Social Care and in some instances when needed additional LAC consultation slots have been offered outside of the allocated slots.

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The LAC Lead also partially supports the health review of looked after children, and can be part of the escalation process, attending child in need meetings and some of the scheduled case conference meetings.



# SDQ Monthly Meetings

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SET CAMHS clinicians attend social care monthly SDQ's meetings. SET CAMHS provides a pivotal role in exploring and working out discussed cases within the social care framework which enables SET CAMHS to be involved in their overall care plan.

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The clinician helps gain a better understanding of the child's needs in relation to the mental health difficulties the child may display.

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The SET CAMHS clinicians provide additional support to social care in relation to any escalations that may occur. This usually involves discussing the parameters that promotes further consultations and / or advice on appropriate referrals to the SET CAMHS service. Given the complexities of looked after children, the SDQ meetings provides opportunities for social care staff to discuss and share concerns around cases which the SET CAMHS clinician can escalate to the SET CAMHS team manager if appropriate.



# Social Care and SET CAMHS Monthly Escalation Meeting

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SET CAMHS Team Manager alongside the SET CAMHS Assistant Director and Partnerships attends monthly social care and SET CAMHS meeting.

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This meeting forms part of the escalation process where cases are discussed to problem-solve issues that may arise.

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Young people who are placed in inpatient are also discussed so that social care is involved in the collaboration of care plans.



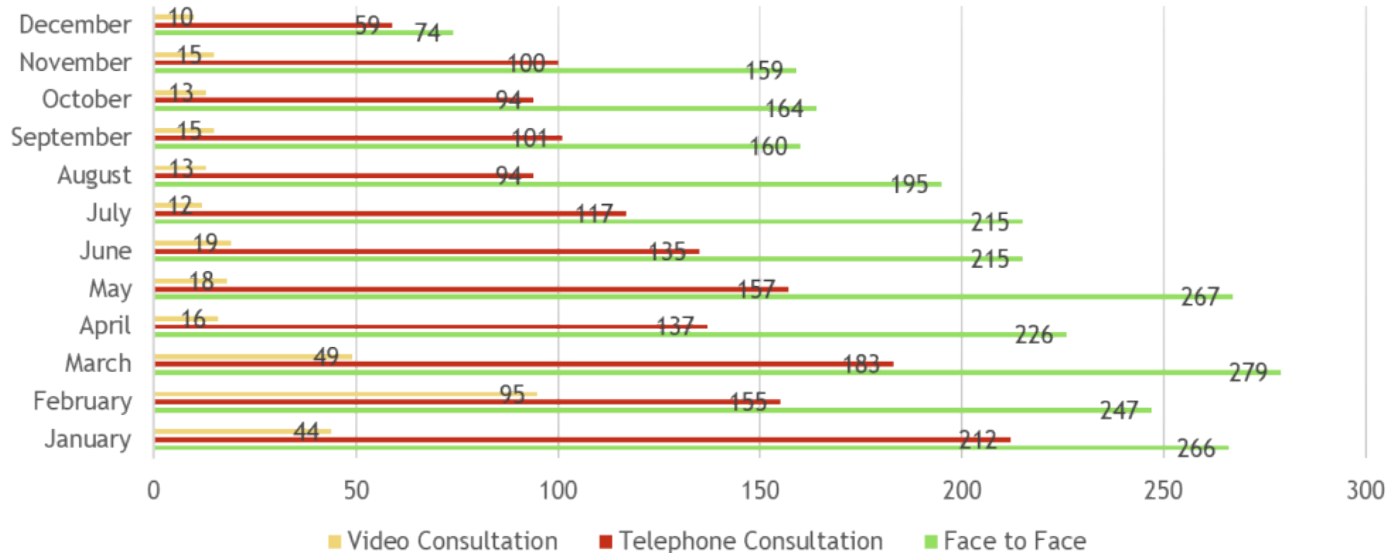
# Social Care “Hotline” Service

- For ease of access SET CAMHS provide social care with a hotline service to contact our LAC Lead for additional advice and support.



# Method of Contact

## CONTACTS BY MONTH



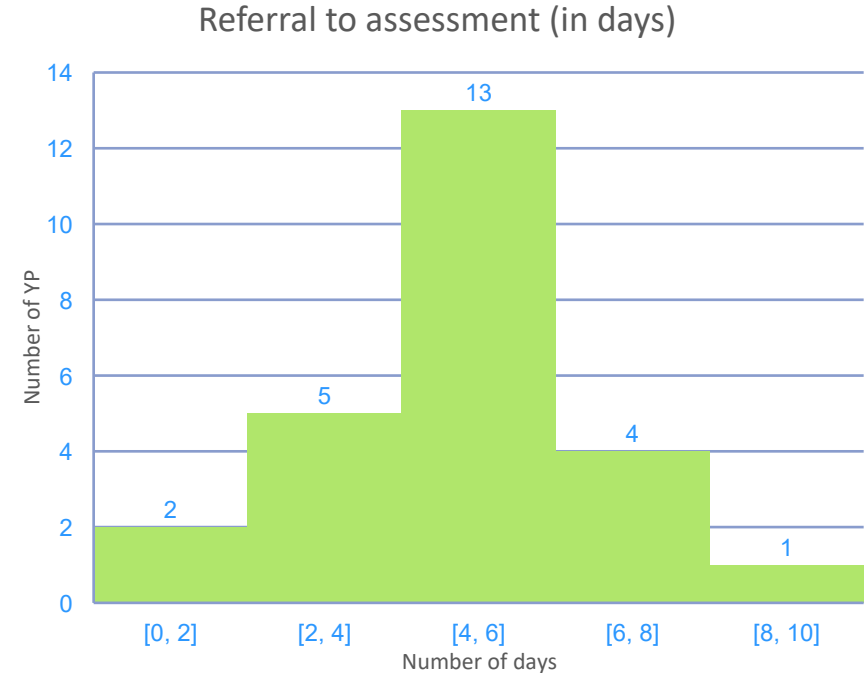
- Data is from January to December 2022
- It indicates contact made by SET CAMHS clinicians
- Contact is via video, telephone and face to face
- LAC Consultation contact is usually via video consultation





# Referral to Assessment in days

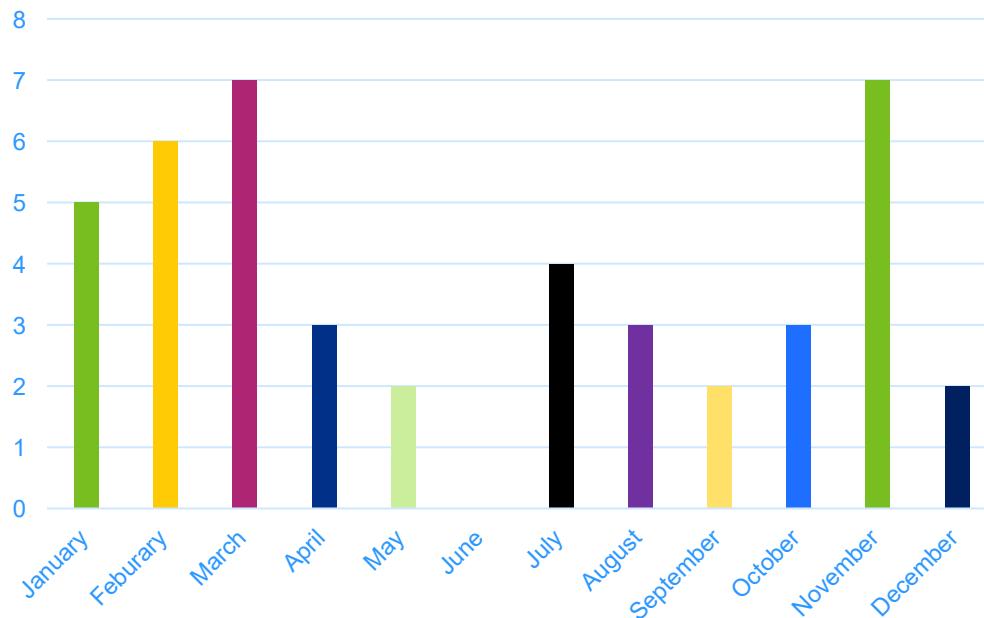
- The number of days for consultation to occur ranged from 0-10 days.
- Average waiting time was approximately 4-6 days.
- the least amount of time clients waited was between 0 and 2 days.
- Only 1 client waited between 8 and 10 days.



# LAC Consultations and Telephone Support 2022

- Data shows the total number of LAC consultations and telephone support offered between January – December 2022

LAC Consultations and LAC Support Calls



# Total Referral to Treatment – Split by Gender

- This data shows the total number of male and female young people referred to treatment for a period of January to November 2022

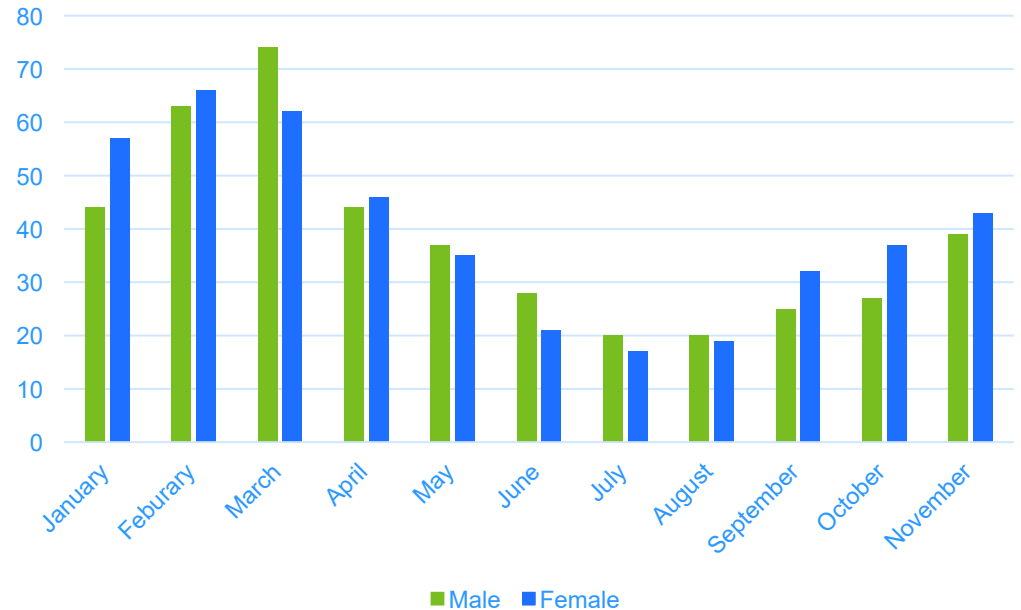
Number of RTT waiters - Split by Gender												
Gender	Nov 2022	Oct 2022	Sep 2022	Aug 2022	Jul 2022	Jun 2022	May 2022	Apr 2022	Mar 2022	Feb 2022	Jan 2022	Total
Female	43	37	32	19	17	21	35	46	62	66	57	247
Indeterminate	0	0	0	0	0	0	0	0	0	0	0	0
Male	39	27	25	20	20	28	37	44	74	63	44	227
<b>Total</b>	<b>82</b>	<b>64</b>	<b>57</b>	<b>39</b>	<b>37</b>	<b>49</b>	<b>72</b>	<b>90</b>	<b>136</b>	<b>129</b>	<b>101</b>	<b>474</b>



# Total Referral to Treatment – Split by Gender

- Blue indicates the number of Males referred to treatment
- Green indicates the number of females referred to treatment
- The gender split across the year of 2022 appears to be equal

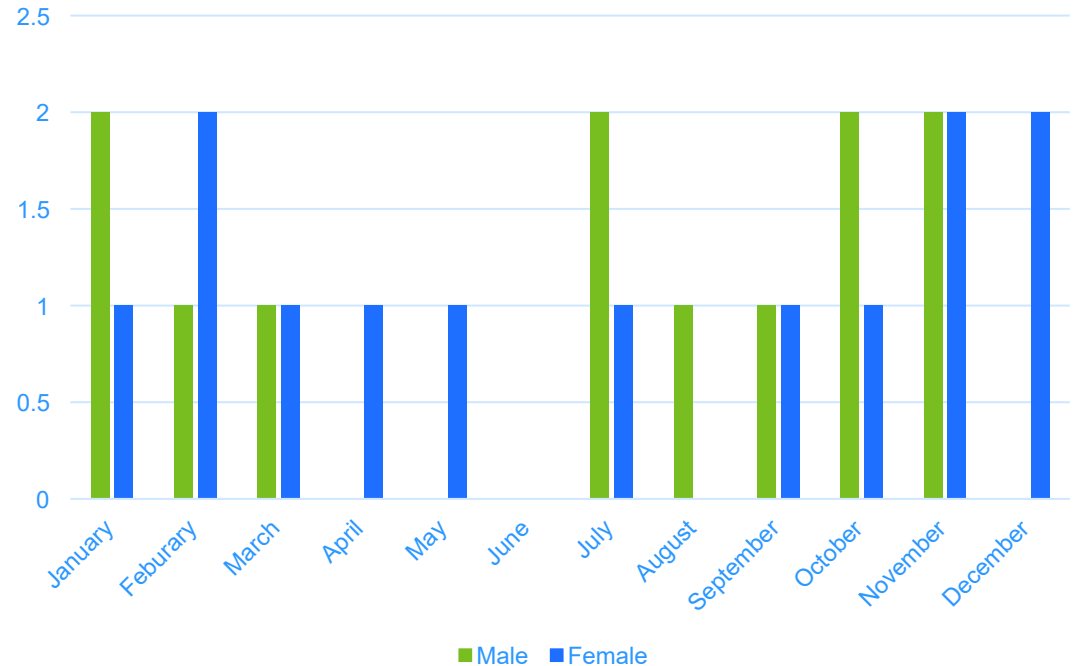
Total Referral to Treatment - Split by Gender



# LAC Referral to Consultation – Split by Gender

- Similar to the total referral to treatment the data indicates no major discrepancies in relation to gender. However, we note that the majority of referrals for LAC consultation for females was April and May.

LAC Referral for Consultation - Split by Gender



# Total Referral to Treatment – Split by Ethnic Group

- This data shows the total number young people referred to treatment split by ethnicity for a period of January to November 2022

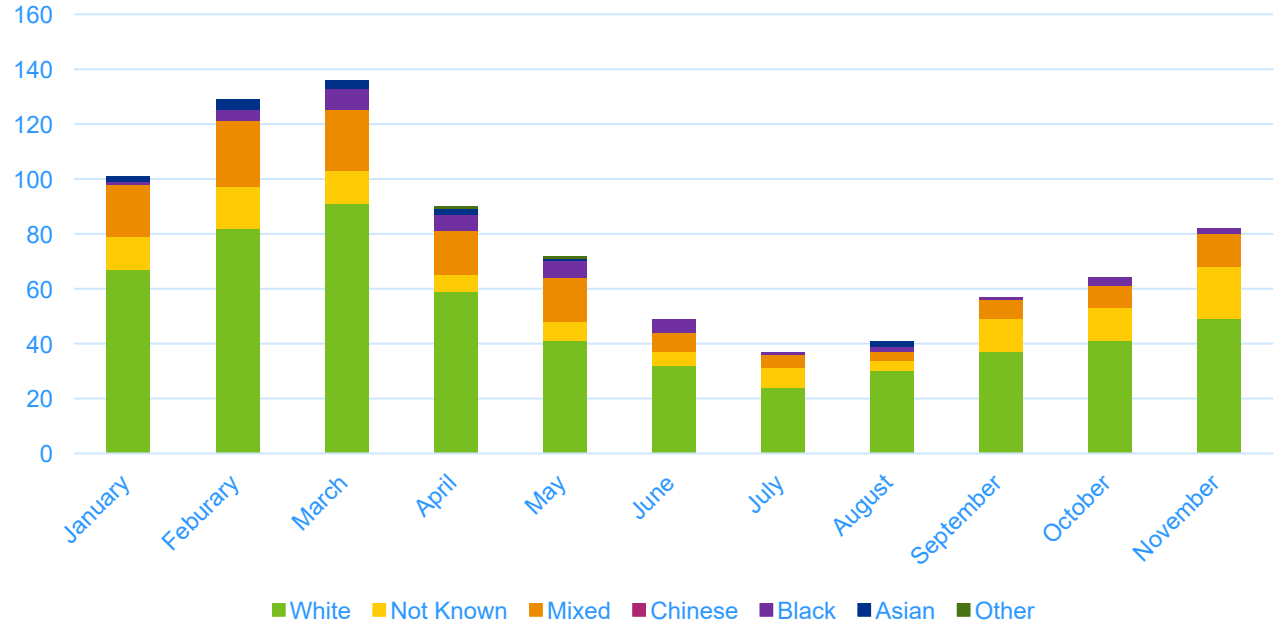
Number of RTT waiters - Split by Ethnic Group												
Ethnic Group	Nov 2022	Oct 2022	Sep 2022	Aug 2022	Jul 2022	Jun 2022	May 2022	Apr 2022	Mar 2022	Feb 2022	Jan 2022	Total
▣ Asian	0	0	0	0	0	0	1	2	3	4	2	6
▣ Black	2	3	1	2	1	5	6	6	8	4	1	21
▣ Chinese	0	0	0	0	0	0	0	0	0	0	0	0
▣ Mixed	12	8	7	3	5	7	16	16	22	24	19	76
▣ Not Known	19	12	12	4	7	5	7	6	12	15	12	78
▣ Other	0	0	0	0	0	0	1	1	0	0	0	2
▣ White	49	41	37	30	24	32	41	59	91	82	67	291
<b>Total</b>	<b>82</b>	<b>64</b>	<b>57</b>	<b>39</b>	<b>37</b>	<b>49</b>	<b>72</b>	<b>90</b>	<b>136</b>	<b>129</b>	<b>101</b>	<b>474</b>



# Total Referral to Treatment – Split by Ethnic Group

- The data indicates that the majority of referrals for treatment were for the white ethnicity.
- In comparison to the lowest, which was Chinese ethnicity.
- Of course we can factor in the demographics of Thurrock, which is 80.91% White British, 7.82% Black, 3.77% Asian and Chinese (Taken from the most recent Thurrock National Census)

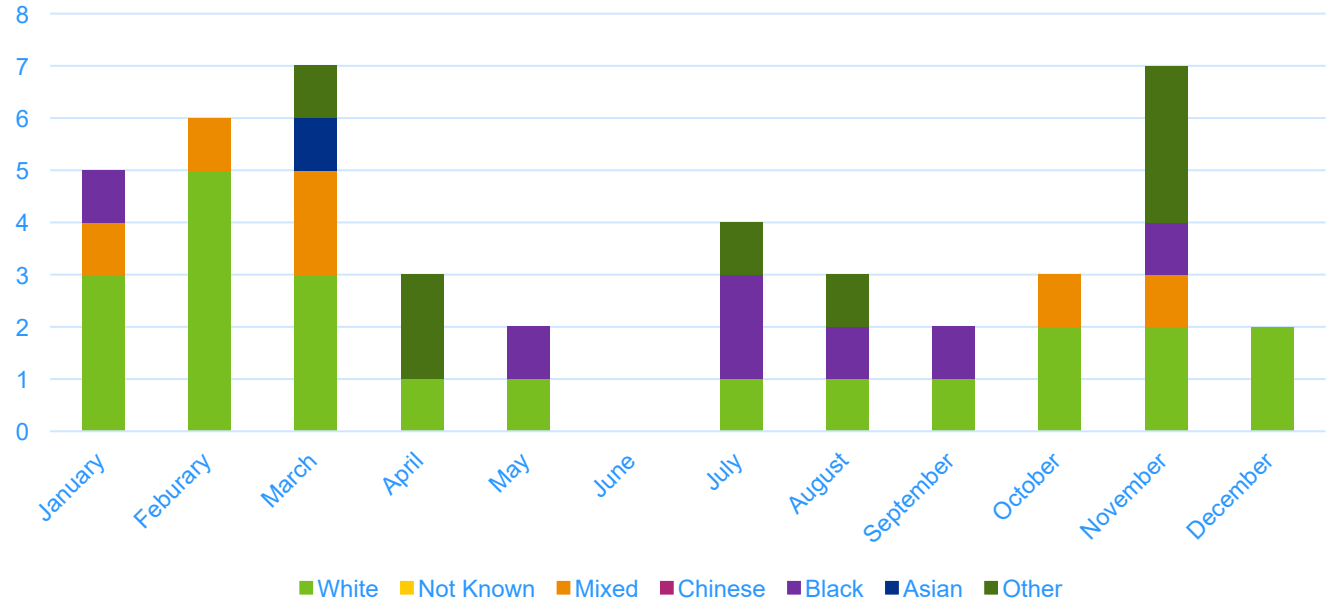
Total Referral to Treatment - Split by Ethnic Group



# LAC Consultations – Split by Ethnicity

- The data shows that the majority of LAC consultations referrals were for White young people and Black young people.

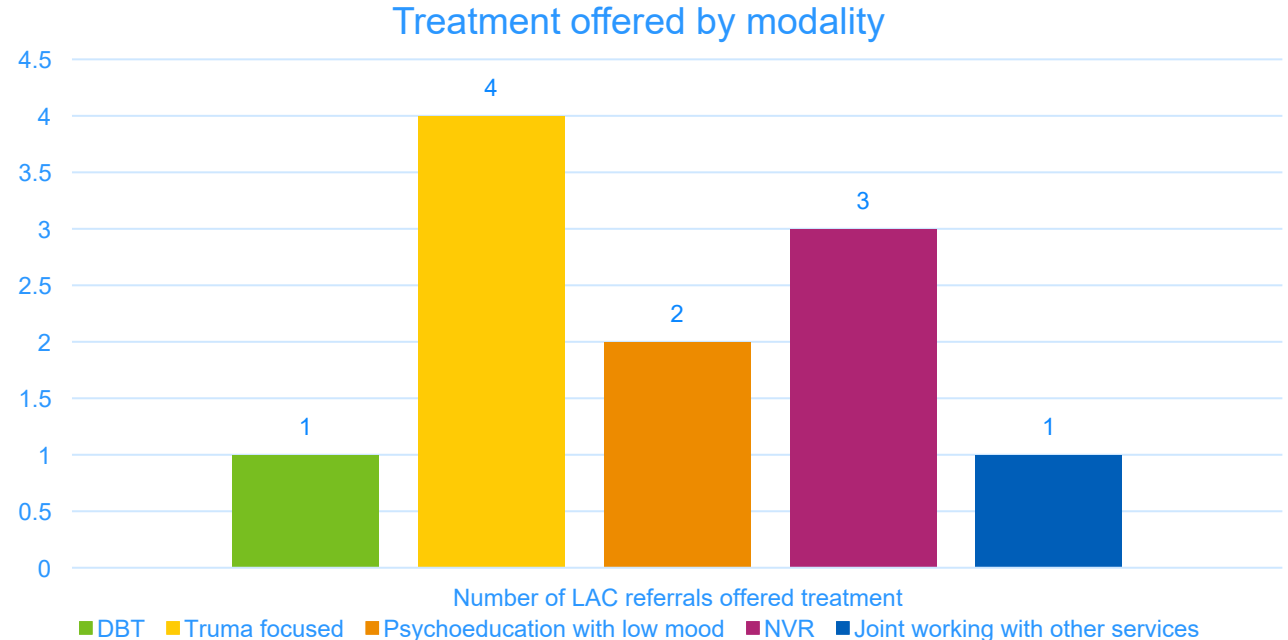
LAC Consultations - Split by Ethnicity





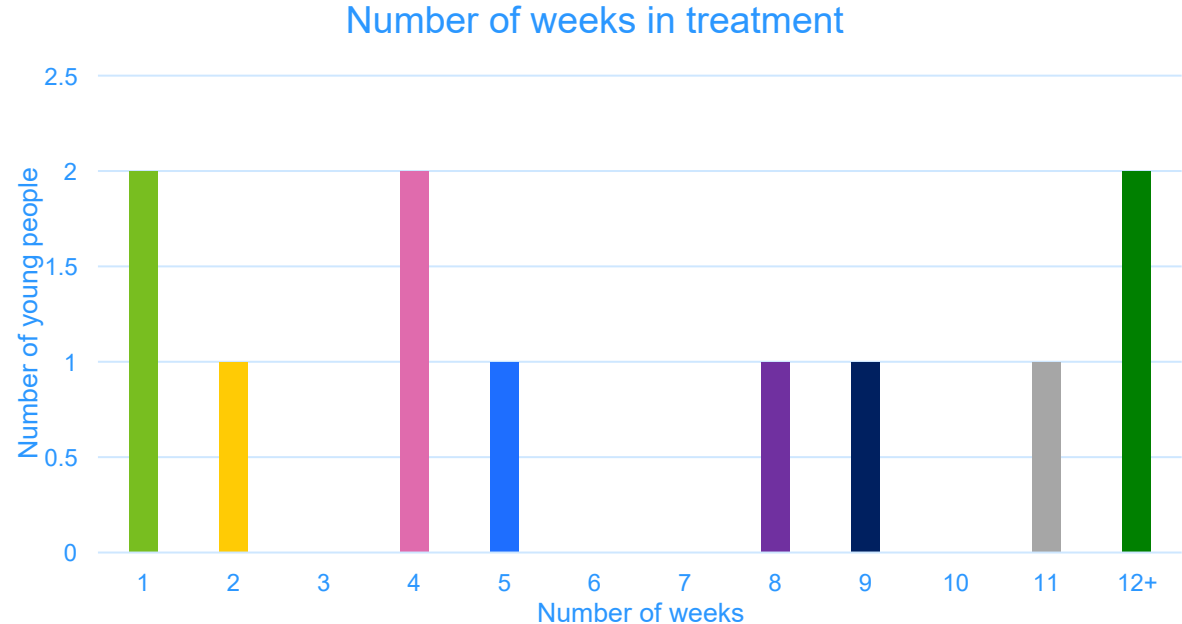
# Type of Treatment offered to LAC Referrals

- The typical treatment for LAC young people is usually trauma focused pieces of work. However, last year the data indicated that Non Violent Resistance (NVR) is slowly increasing as a treatment offered to carers of looked after children.



# Length of Treatment in weeks

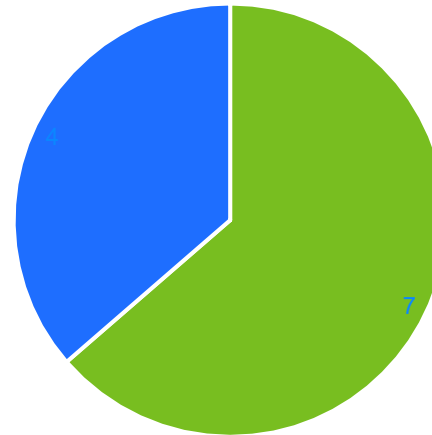
- The longest and shortest time in treatment was between 1 and 12 weeks.
- The data indicates that the average time that young people are in treatment is approximately 6 weeks.



# LAC Referrals Currently in Treatment

- Data indicates that currently, 7 LAC young people are in treatment.
- Whilst 4 await treatment.
- The delay is usually caused by staff waiting to meet with carer of young people.

Number of LAC referrals in treatment



■ Treatment started ■ Treatment not yet started



# Thurrock LAC Process

- Thurrock offer weekly slots to Single Point of Access, and additional SLOTS if required.
- Thurrock LAC Leads and Clinical Leads offer LAC consultations
- Additional SLOTS can be allocated, which are covered by senior SET CAMHS clinicians only when required
- In Thurrock, we consistently review how we manage and allocate the LAC consultation by being proactive and thinking outside of the box
- For instance, being flexible with our Clinician of the Day rota when dealing with high volumes of referrals.

