



# HEALTH AND WELLBEING STRATEGY 2022 TO 2026

## Levelling the playing field in Thurrock

We want to hear your views on proposals to address health inequality

### **Thurrock Health and Wellbeing Strategy refresh**

We are seeking the views of Thurrock residents on proposals for Thurrock's Health and Wellbeing Strategy refresh. The full consultation can be found online at <https://consult.thurrock.gov.uk/>.

Based upon previous feedback, the Health and Wellbeing Strategy has been set out into six proposed areas of people's lives or domains. We are interested to hear your views on the proposed domains and priorities to support the refresh of the Strategy.

Domain 1 – Healthier for Longer (including Mental Health)

Domain 2 – Building Strong & Cohesive Communities

Domain 3 – People-Led Health and Care

Domain 4 – Opportunity for All

Domain 5 – Housing and the Environment

Domain 6 – Community Safety

#### **Domain 5- Housing and the Environment**

##### **Summary aim**

We want to create an environment which supports and stimulates improved health and wellbeing, providing people with an opportunity to exercise and remain active.

We want to reduce homelessness and ensure people have access to high quality homes that meets the needs of Thurrock residents.

##### **Challenges**

- Ensuring equitable access to quality outdoor environments and green spaces.
- The environment impacts health positively and negatively. Things like antisocial behaviour and air pollution, which are bad for health, tend to be worse in more deprived areas.
- Some residents of Thurrock struggle to secure and afford high quality, suitable, secure homes.
- People who have experienced domestic abuse and / or sexual violence are in particular need of support to find suitable housing.

##### **Priorities**

- Reducing homelessness through provision of secure, suitable and affordable housing.

- Facilitate and encourage maintenance of good quality homes to support the health of residents protecting them from hazards such as cold, damp and mould.
- Provide safe, suitable and stable housing solutions for people who have or are experiencing domestic or sexual abuse or violence.
- Ensure regeneration improves health, physical activity, mental wellbeing, access to green spaces and exposure to air pollution.

## We welcome your feedback on the following questions

**Q1. Do you agree with the aim of this domain?**

Yes          No

**Please provide information to explain your response**

**Q2. Do you agree with the challenges that have been identified?**

Yes          No

**Please provide information to explain your response**

**Q3. Are there any other challenges that should be considered?**

Yes          No

**Please provide information to explain your response**

**Q4. Do you agree with the priorities that have been proposed?**

Yes          No

**Please provide information to explain your response**

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**Q5. Are there any other priorities that should be considered?**

**Yes            No**

**Please provide information to explain your response**

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**Thank you for taking the time in completing this survey. We appreciate your feedback.**

**DRAFT**