



# HEALTH AND WELLBEING STRATEGY 2022 TO 2026

## Levelling the playing field in Thurrock

We want to hear your views on proposals to address health inequality

### **Thurrock Health and Wellbeing Strategy refresh**

We are seeking the views of Thurrock residents on proposals for Thurrock's Health and Wellbeing Strategy refresh. The full consultation can be found online at <https://consult.thurrock.gov.uk/>.

Based upon previous feedback, the Health and Wellbeing Strategy has been set out into six proposed areas of people's lives or domains. We are interested to hear your views on the proposed domains and priorities to support the refresh of the Strategy.

#### **Domain 1 – Healthier for Longer (including Mental Health)**

This domain focuses on enabling people to continue to live longer in good health and live healthier lifestyles through self-care behaviours and care services that keep people well and independent. For example, support to stop smoking, the identification and treatment of long term conditions including mental health problems, and tackling obesity.

#### **Domain 2 – Building Strong & Cohesive Communities**

This domain focuses on creating a fair, accessible and inclusive borough where everyone has a voice and an equal opportunity to succeed and thrive, and where community led ambitions are supported and actively encouraged

#### **Domain 3 – Person-Led Health and Care**

This domain focuses on continuing to remodel the health and care system to ensure solutions are local to where people live, joined up and focus on preventing, reducing and delaying the need for care and support.

#### **Domain 4 – Opportunity for All**

This domain focuses on Thurrock residents achieving their potential by being able to access high quality education, training, securing good quality employment and new opportunities created through inward investment to the borough wider regeneration programmes.

#### **Domain 5 – Housing and the Environment**

This domain focuses on creating an environment which supports and stimulates improved health and wellbeing, providing people with an opportunity to exercise and remain active.

The domain also provides focus on reducing homelessness and ensure people have access high quality accommodation that meets the needs of Thurrock residents

**Domain 6 – Community Safety**

This domain focuses on enabling people to feel and be safe in Thurrock. It also seeks to ensure local victims/survivors of crime are provided with high quality support to cope and recover from their experiences should they need it.

**We welcome your feedback on the following questions**

**Q1. Do the six domains represent the areas of people’s lives that most affect their health and wellbeing?**

**Yes                  No**

**Please provide information to explain your response**

**Q2. Are there any other areas that most impact on people’s health and wellbeing that should be considered for inclusion in the refreshed Health and Wellbeing Strategy?**

**Yes                  No**

**Please provide information to explain your response**

**Q3. Do you have any other feedback you wish to make about the proposed areas of focus (domains) for the refreshed Health and Wellbeing Strategy?**

**Yes                  No**

**Please provide information to explain your response**

**Thank you for taking the time in completing this survey. We appreciate your feedback.**