



HEALTH AND WELLBEING STRATEGY 2022 TO 2026

Levelling the playing field in Thurrock

We want to hear your views on
proposals to address health inequality

Thurrock Health and Wellbeing Strategy

The consultation exercise is now live – your opportunity to get involved

Health and Wellbeing affects everyone. Thurrock's Health and Wellbeing Strategy is being refreshed and proposals have been developed which reflect six areas of people's lives that impact on their health and wellbeing.

By taking part in our consultation exercise, you can have your say on Thurrock's health priorities for the next 5 years. There are several ways you can get involved:

- **Have your say online** through the Council's online consultation portal
- **Face to face through engagement opportunities** being provided by the independent Healthwatch Thurrock and Thurrock CVS who will be attending events across the borough during the consultation period.
- **Have your say workshops** which will be organised and provide opportunities for the public and partners to discuss and provide feedback on the proposals. These will be set up subject to demand
- **Inviting us to your existing meetings.** People who are members of existing forums or groups can express an interest in attendance at your event to discuss provide feedback on the proposals

Further information is available on the Council's website at www.thurrock.gov.uk/health-and-well-being-strategy

The consultation closes at **midnight, Friday 3 December 2021.**