

Working together for  
better health and care



Thur

Clinical Commissioning

# Thurrock Integrated Primary and Community Care Mental Health

HOSC November 2020

Mid and South Essex  
Health and Care  
Partnership

*Vision Statement: The Health and care experience of the people of Thurrock  
will be improved as a result of our working effectively together.*

# Mental Health Integration Journey

- Commenced in 2014 by strengthening community assets to focus on personalised care and recovery.
- Reviewed and addressed strained relationships between primary care and secondary care mental health through a Mental Health Shared Care Protocol.
- Through a Strengths-based approach built a foundation for integrated working and partnerships.

MDT/Information Sharing, Discussing cases where pathway options not clear, Decision Making

MDT/Information sharing/Risk Management/ Pathway Management, Discharge/Transfer Decisions

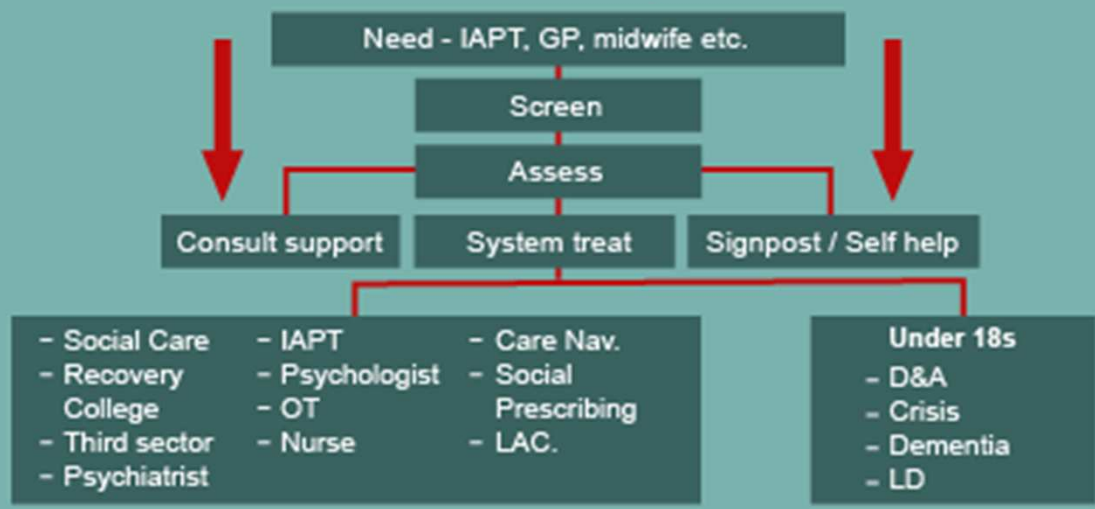
### Integrated Primary Care System

Southend / CPR locality    Thurrock locality    Mid Essex locality    BB Locality

28 Primary Care Networks

Non CPA, Training, Consultation, Screening, Assessment, SMI PHC Screening, Annual reviews, system treatment

#### MDT pathway



Inpatients  
HTT  
A/E Liaison  
CJT

← SCP →

Intermediary  
Smooth process of referrals both ways, trouble shooting, dispute resolution etc

### Secondary Care

Treatments for  
CPA/Complex/  
Legal/ Specialist cases  
EIP  
Eating Disorders

Personality Disorder Pathway, IPS (Employment and Training)

# Proposed Thurrock Integrated Primary and Community Care Mental Health Workforce

