

21st September, 2018		ITEM: 7
Health and Wellbeing Board		
Adult Mental Health Service Transformation in Thurrock		
Wards and communities affected: All	Key Decision: Key	
Report of: Roger Harris, Corporate Director Adults Housing and Health		
Accountable Head of Service: Les Billingham – Assistant Director of Adult Social Care and Community Development Catherine Wilson – Strategic Lead Adult Social Care Commissioning		
Accountable Director: Ian Wake – Director of Public Health Roger Harris – Corporate Director of Adults, Housing and Health		
This report is Public		

Executive Summary

The attached paper discusses the need for adult mental health systems transformation in the context of three key recent pieces of work; the Adult Mental Health Joint Strategic Needs Assessment Product; The Local Government Association Peer Review in Adult Mental Health and; consultation work undertaken by Thurrock Healthwatch and other local partners with local residents and users of mental health services. It aims to triangulate the findings of this work with other local intelligence and the published evidence base in order to continue a discussion with all stakeholders as to what needs to change.

There has been considerable effort undertaken within Thurrock to transform local health and care services over the last three years including plans to create four new Integrated Medical Centres, a *New Model of Care* for Tilbury and Chadwell, the *Stronger Together* programme of community development and asset-based approaches, a Thurrock *Integrated Care Alliance*, the joint *For Thurrock in Thurrock* CCG-Adult Social Care programme and considerable efforts to transform Primary Care services. However mental health systems transformation has not perhaps featured as strongly as it should within these programmes to date.

In discussing local mental health service provision, the attached paper highlights a series of concerns and areas of practice that need improvement, based on the findings of the MH JSNA, LGA Peer Review and Healthwatch *User Voice* work. In

doing so, it seeks to criticise neither the hardworking front line professionals working with residents experiencing mental health difficulties, nor individual organisations that make up the mental health and care system, but the current configuration of the system itself, which it argues is not fit for purpose and needs urgent transformational reform. The paper proposes and discusses five key areas of transformation activity that emerge from the findings of the work to date around which this transformation should be concentrated. These are discussed in detail.

Further iterations of the paper will be developed following feedback from partners. The Health and Wellbeing Board and partner organisations may also wish to provide deeper consideration to issues such as how adult mental health transformation work may better integrate with both children and young people's mental health services in order to improve transition, and work to develop new models of care as part of the Integrated Medical Centres.

Public Health have committed to fund a new Strategic Lead post a key remit of working with all stakeholder organisations and local service users to develop a new Thurrock Mental Health Systems Transformation strategy and associated new models of care and commissioning arrangements. The attached paper makes a series of high level recommendations in each area, highlights current community and system assets related to the recommendations and poses a series of further questions that will hopefully guide development of this strategy, and which all stakeholders need to consider as part of our collective transformation journey.

1. Recommendation(s)

- 1.1 That the Board provides feedback on the high level recommendations made within the 'Next Steps' sections of the paper and on the questions posed within it.**

2. Reasons for Recommendation

- 2.1 To update the Board on the proposed next steps to transform, integrate and improve adult mental health services in Thurrock and obtain buy in from all key stakeholders for a proposed strategic direction of travel.

3. Consultation (including Overview and Scrutiny, if applicable)

- 3.1 All key stakeholders were consulted as part of the LGA Peer Review. The Healthwatch 'User Voice' has undertaken further extensive consultation with service users and their families.
- 3.2 The Discussion Paper has been shared with all key stakeholders and will be revised in response to further feedback from partners.
- 3.3 The Proposed Mental Health Strategic Transformation Group will afford all key stakeholders on-going input into future transformation activity.

4. Impact on corporate policies, priorities, performance and community impact

4.1 The proposed Mental Health Transformation work will help deliver the following Thurrock Joint Health and Wellbeing Strategy 2016-2021 objectives:

- 3C: Reduce Social Isolation and Loneliness
- 3D: Improve the identification and treatment of depression, particularly in high risk groups
- 4B: When services are required, they are organised around the individual
- 4C: Put people in control of their own care
- 4D: Provide high quality GP and hospital care to Thurrock Council

- 5B: Reduce the proportion of people who smoke
- 5C: Significantly improve the identification and management of long term condition

5. Implications

5.1 Financial

The paper makes a series of high level recommendations, which if developed and implemented may require additional investment, but which will also seek to shift resources from the most expensive elements of the system (e.g. secondary mental healthcare and residential adult social care) and could act as 'invest to save' initiatives.

Implications verified by: **Roger Harris, Corporate Director Adults Housing and Health**

5.2 Legal

The paper in its current form has no legal implications.

Implications verified by: **Roger Harris, Corporate Director Adults Housing and Health**

5.3 Diversity and Equality

People with poor mental health face some of the greatest health inequalities. The high level recommendations in the paper, when further developed and implemented seek to reduce health inequalities faced by people suffering from poor mental health, by intervening earlier to prevent or reduce crisis, and providing new models of care to help people recover more quickly.

Implications verified by: **Roger Harris Corporate Director Adults Housing and Health**

5.4 **Other implications** (where significant) – i.e. Staff, Health, Sustainability, Crime and Disorder)

6. **Background papers used in preparing the report** (including their location on the Council's website or identification whether any are exempt or protected by copyright):

- LGA Peer Review into Adult Mental Health Services in Thurrock Council
- Thurrock Joint Strategic Needs Assessment into Adult Mental Health Services
- Healthwatch Consultation with Mental Health Service Users

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