

6 September 2018		ITEM: 12
Health and Wellbeing Overview and Scrutiny Committee		
Mental Health Peer Review		
Wards and communities affected: All	Key Decision: Yes	
Report of: Roger Harris : Corporate Director - Adults, Housing and Health		
Accountable Assistant Director: Les Billingham – Assistant Director Adult Social Care and Community Development		
Accountable Director: Roger Harris : Corporate Director - Adults, Housing and Health		
This report is Public		

Executive Summary

Thurrock Council, in conjunction with Thurrock Clinical Commissioning Group (CCG), invited the Local Government Association (LGA) to undertake a Peer Review of the wider mental health provision in Thurrock to see whether it was meeting the needs of Thurrock residents.

The review was undertaken between 12 and the 14 June 2018 and attached at Appendix 1 is a copy of the slide presentation received at the end of review feedback session which summarises the findings and recommendations of the review team.

1. Recommendations :

1.1 Health and Wellbeing Overview and Scrutiny Committee are asked to comment on the findings of the Mental Health Peer review.

2. Introduction and Background

2.1 Officers for some time have felt that the wider mental health provision in Thurrock needed reviewing. We have had our existing arrangements with the mental health trust – Essex Partnership University NHS Foundation Trust (EPUT) for over 10 years and seconded our social care staff (approx. 20 staff) to EPUT as part of a Section 75 agreement.

2.2 Adult social care has been on a significant transformation journey and recently this has been joined with the CCG transformation plans to become a single programme - under the banner of “For Thurrock in Thurrock”. There

was a view that the service model for mental health had lagged behind the progress being made by FTIT in other parts of health and social care delivery.

- 2.3 Equally, we were very aware from the discussions with services users, third sector organisations and Thurrock Healthwatch that the demand for mental health support was growing but that people were finding it hard to access services when they wanted them.
- 2.4 Recent initiatives such as Inclusion Thurrock, the Recovery College and Local Area Co-ordination (although not specifically a mental health focussed offer) were getting very good feedback from service users but it was felt that the whole pathway need an external check and challenge to ensure that it was fit for purpose and was sufficiently community focussed.
- 2.5 Adult Social Care locally and nationally has been under considerable pressure for many years as demand has grown and resources have been stretched. Recent financial support in terms of the adult social care precept and the Better Care Fund have been very welcome but little of this had gone into mental health support as the urgent need was to support the growth in demand for services in domiciliary and residential care. This will be reviewed as part of the Directorate's response to the Peer Review findings.

3. Issues, Options and Analysis of Options

- 3.1 Thurrock invited the LGA to undertake the Peer Review and an expert team was assembled. The Review Team were :
 - Ian Winter CBE – Independent consultant.
 - Cllr Philip Corthorne – Cabinet member for Social Services, Housing, Health and Wellbeing, London Borough of Hillingdon.
 - Carline Taylor – Director of Adult Services and Housing (Torbay Council).
 - Helen Maneuf – Assistant Director, Planning and Resources (Adult Care Services) Hertfordshire County Council.
 - Bryan Mitchell – Charity Co-ordinator, My Life My Choice – Oxfordshire.
 - Katherine Foreman – Independent Nurse, Medway CCG.
 - Jonathan Trubshaw – Peer Review Manager, LGA.
- 3.2 A significant amount of work was undertaken prior to the visit to ensure that the team met as wide a range of people as possible and the views of as many people and organisations as possible could be assembled. The timetable and the list of people seen is listed in the Appendix. It was also extremely helpful that the Public Health team had just completed the JSNA mental health which provided an excellent overview of the current demands, pressures and service gaps locally – this has been to HOSC previously.
- 3.3 We are very grateful to the Thurrock Coalition and to Thurrock Healthwatch who arranged for a series of questionnaires to be completed prior to the visit to give some depth to the interview sessions and get people thinking in

advance of the issues they wanted to raise. This meant the interview sessions, especially with users and carers where especially valuable.

3.4 The finding of the review were summarised into 9 “Areas for consideration” :

- Commissioners to develop an improvement plan for EPUT as a provider in Thurrock;
- Develop joint commissioning arrangements between the Council and the CCG;
- Commission for the “middle” of mental health needs;
- Create a Mental Health Programme Group, including children and transition, to ensure the elements of an improvement plan are coordinated to overcome current fragmentation of initiatives, including the JSNA recommendations;
- Develop service user involvement further e.g. in training, remunerated participation in project groups, reviews and inspections;
- Thurrock Council and CCG to agree new operating model which develops referral routes and new pathways whilst managing demand in the system;
- Drive innovation for Thurrock Mental health, which matches Adult Social Care Transformation;
- Capitalise on the “place at the table” to push models of integration in the STP. Recognise risk of NHS changing footprints and requirements in the next 10 years;
- The current model of social work needs urgent revision; social workers need support to practice with support in crisis incidents and bed finding.

3.5 Broadly officers support these set of recommendations and work has already started on most areas :

- Senior meetings are taking place between the Council and EPUT to look at reviewing the current operating model and the wider mental health pathway;
- In consultation with EPUT we are looking to include mental health staff in the proposed Integrated Medical Centres;
- A finance and performance sub-group has been set up to look at reviewing the current KPIs and how the existing system is performing and developing a more outcome based set of indicators;
- As stated above the mental health JSNA has recently been agreed which gives a great deal of useful information about current provision and future demand. The Director of Public Health is bringing together the Peer Review and JSNA into a single Action Plan;
- The Director has asked that a more detailed financial summary is produced to see how much money we are spending on mental health and how this compares with other areas. We have not, as a Council, prioritised this area for growth recently due to other pressures;
- We are urgently seeking to fill the vacant commissioning post.

As stated a more detailed Action Plan will come back to the October Cabinet which will also include consideration as to whether we should extend the current Section 75 with EPUT or not.

4. Reasons for Recommendation

- 4.1 The recommendations at this stage are only to comment on and note the recommendations of the Peer Review. Generally the view of officers is to support the findings of the review and a detailed action plan is being produced which will come back to the October Cabinet.

5. Consultation (including Overview and Scrutiny, if applicable)

- 5.1 The Peer Review team undertook extensive consultations with staff, members, users, carers and third sector groups as part of their on-site investigations.

6. Impact on corporate policies, priorities, performance and community impact

- 6.1 Mental health and wider support for vulnerable people has been identified as a key corporate priority for the year ahead.

7. Implications

7.1 Financial

Implications verified by: **Roger Harris**
Corporate Director : Adults Housing and Health

The report is for noting at this stage.

7.2 Legal

Implications verified by: **Roger Harris**
Corporate Director : Adults Housing and Health

The report is for noting at this stage.

7.3 Diversity and Equality

Implications verified by: **Roger Harris**
Corporate Director : Adults Housing and Health

The report is for noting at this stage.

7.4 **Other implications** (where significant) – i.e. Staff, Health, Sustainability, Crime and Disorder)

N/A

8. **Background papers used in preparing the report** (including their location on the Council's website or identification whether any are exempt or protected by copyright):

N/A

9. **Appendices to the report**

Appendix 1 - Slide pack summary of review findings and recommendation

Report Author:

Roger Harris

Corporate Director

Adults, Housing and Health