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| Friday 22nd September 2017 | | ITEM: 7 |
| Health and Well-being Board | | |
| Thurrock Joint Strategic Needs Assessment Whole Systems Obesity | | |
| Wards and communities affected: All | Key Decision: Key | |
| Report of: Helen Horrocks, Strategic Lead for Public Health | | |
| Accountable Head of Service: Ian Wake, Director of Public Health | | |
| Accountable Director: Roger Harris, Director of Adults, Health and Housing | | |
| This report is public. | | |

Executive Summary

The Joint Strategic Needs Assessment (JSNA) is intended to provide a shared, evidence based consensus about key local priorities and support planning and commissioning to improve health and well-being outcomes and reduce inequalities. The focus of this JSNA is Whole Systems Obesity.

This report makes a series of recommendations for action across a broad spectrum of areas, departments and partners to be undertaken to have a population level impact on obesity and achieving a healthy weight in Thurrock.

1. Recommendation(s)

1.1 For members of the health and well-being board to note the contents and support the recommendations made in the joint strategic needs assessment for whole systems obesity.

1.2 That members support the publication of this report.

2. Introduction and Background

2.1 The Joint Strategic Needs Assessment (JSNA) is an assessment of the current and future health and social care needs of the local community – these are needs that could be met by the local authority, Clinical Commissioning Groups (CCGs), or NHS England. It is intended to provide a shared, evidence based consensus about key local priorities and support commissioning to improve health and well-being outcomes and reduce inequalities.

- 2.2 This JSNA focuses in on Whole Systems Obesity, scoped and structured on the basis of the Foresight Report on Tackling Obesities Whole Systems Map.
- 2.3 At age 5, 1 in 10 children are obese, with 1 in 5 having excess weight. At age 10 and 11, this increases to 1 in 4 children being observed to be obese and 1 in 3 having excess weight. Over 7 in 10 adults in Thurrock are estimated to be overweight or obese, with nearly 1 in 3 being obese.
- 2.4 Obesity harms children and adults. It has impacts on life expectancy, quality of life, long-term conditions, the health and social care system, employment and the economy and discrimination and stigmatisation.

3. Issues, Options and Analysis of Options

- 3.1 These are set out in the detail of the report itself.
- 3.2 The JSNA seeks to understand a proportion of the system operating on a local level in Thurrock which is contributing to weight gain in our population.
- 3.3 Thurrock partners and the community need to come together as a whole to tackle the issue with a comprehensive portfolio of interventions, and the links between them need to be defined and understood.

4. Reasons for Recommendation

- 4.1 Tackling obesity at a population level is complex.
- 4.2 It is envisaged that the recommendations set out in this report will drive the necessary changes across the 'obesity system' in Thurrock to tackle obesity and prevent long-term conditions on a population level.

5. Consultation (including Overview and Scrutiny, if applicable)

- 5.1 The contents of this report have been developed with information and input from a number of different stakeholders (listed in the document).
- 5.2 This report has been presented to the Adults, Health and Housing Directorate Management Team, the Children's Directorate Management Team Meetings and the Planning and Growth Senior Leadership Team.
- 5.3 It is intended that the report will continue to go on a JSNA roadshow, engaging different partners and departments in the contents and the recommendations and to identify future opportunities.

6. Impact on corporate policies, priorities, performance and community impact

- 6.1 This report directly supports the work of the Health and Wellbeing Strategy 2016-21 which aims to "add years to life and life to years". Specifically it aims

to support more people to achieve a healthy weight in Thurrock, but if implemented, it will have wider impacts across the goals and objectives of the health and well-being strategy, as demonstrated by the report itself. This report and its recommendations will also support corporate priority four: “improve health and wellbeing”.

6.2 If the report conclusions and recommendations are acted upon, it will impact positively on the local population health and well-being.

7. Implications

7.1 Financial

Implications verified by: **Jo Freeman**
Management Accountant

The report details a series of opportunities for tackling obesity in the population as part of the improving and embedding the prevention agenda which should support in producing a result reducing demand on primary and secondary health care and adult social care services. There are broader impacts which this will support such as improving children’s outcomes and the local economy through enhanced productivity and a healthier workforce. Decisions arising from recommendations of the JSNA that may have a future financial impact for the council would be subject to the full consideration of the cabinet before implementation, and in the case of the NHS, by the relevant Boards of NHS Thurrock CCG and provider foundation trusts.

7.2 Legal

Implications verified by: **Lindsey Marks**
Principal Solicitor Safeguarding

Under the Health and Social Care Act 2012, JSNAs and Joint Health and Wellbeing Strategies form the basis of clinical commissioning groups, NHS England and local authority commissioning plans, across all local health, social care, public health and children’s services. There are no legal implications; this report has been compiled to support and inform local planning and commissioning.

7.3 Diversity and Equality

Implications verified by: **Becky Price**
Community Development Officer

The analysis and evidence base in this report seeks to understand inequalities in health in the borough and makes recommendations to further understand and take action to tackle these.

7.4 **Other implications** (where significant) – i.e. Staff, Health, Sustainability, Crime and Disorder)

There are broad and wide implications for planning, regeneration, transport , community safety, and the community and third sector.

8. **Background papers used in preparing the report** (including their location on the Council's website or identification whether any are exempt or protected by copyright):

- All background papers are referenced in the report.

9. **Appendices to the report**

- Thurrock Joint Strategic Needs Assessment – Whole Systems Obesity

Report Author:

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