

<b>18 January 2017</b>		<b>ITEM: 7</b>
<b>Thurrock Health &amp; Well- Being Board</b>		
<b>Essex, Southend and Thurrock Mental Health and Wellbeing Strategy</b>		
<b>Wards and communities affected:</b> All	<b>Key Decision:</b> Non-key	
<b>Joint Report of:</b> Thurrock Council and Thurrock CCG Catherine Wilson Strategic Lead Commissioning Thurrock Council		
<b>Accountable Head of Service:</b> N/A		
<b>Accountable Director:</b> Roger Harris – Director Adults Health and Commissioning / Mandy Ansell – Acting (Interim) Accountable Officer Thurrock CCG		
<b>This report is Public</b>		

### **Executive Summary**

In May 2015 the 7 CCG's across greater Essex, the 3 Local Authorities and the 2 mental health providers, South Essex NHS Foundation Trust (SEPT) and North Essex NHS Foundation Trust (NEP), Commissioned a formal review of mental health services in order to assess the current state of those services and make recommendations for a way forward. The review found that commissioning and service provision was fragmented across Essex, there was no clear focus regarding integration together with significant financial challenges. As the recommendations were delivered from the Greater Essex strategic review the two Mental Health Trusts announced their intention to pursue a merger, offering a positive opportunity for service redesign.

Two of the recommendations were to simplify the Commissioning arrangements which appeared fragmented and to work more jointly across all commissioning organisations. To facilitate this it was agreed that a joint Strategy would be written for the delivery of mental health services across all 10 partner organisations. This approach also supported the principles within the Five Year Forward View for Mental Health published by NHS England in February 2016: for more locally based services with greater levels of integration across physical health, mental health and social needs.

The Southend Essex and Thurrock Mental Health and Wellbeing Strategy 2017-2021 is an overarching vision for the development of high quality and cost effective responses to mental ill health.

Thurrock will have a local implementation plan to deliver the vision which will be a jointly produced document between the CCG, the Council and people who use services.

The whole of this work is being undertaken within a climate of reduced funding and increased demand and as such it is important to ensure that there is a focus on reducing costs through better prevention and improved service models together with reinvesting in crisis and recovery services. The strategy focuses on high quality early intervention and prevention services, ensuring excellent acute and crisis services will be delivered with clear support for recovery.

## **1. Recommendation(s)**

**1.1 That the Health and Well-Being Board agrees to the Essex, Southend and Thurrock Mental Health and Wellbeing strategy.**

**1.2 That the Health and Well Being Board agrees to support the development of a Thurrock action plan which will come back in four months' time for agreement.**

## **2. Introduction and Background**

- 2.1 In February 2016 the Independent Mental Health Task Force produced a report for NHS England: The Five Year Forward View for Mental Health, followed by Implementing 'The Five Year Forward View for Mental Health'. The report set out eight principles for the delivery of Mental Health Services:
- Decisions must be locally led.
  - Care must be based on the best available evidence.
  - Services must be designed in partnership with people who have mental health problems.
  - Inequalities must be reduced to ensure all needs are met across all ages.
  - Care must be integrated, spanning physical, mental and social needs.
  - Prevention and early intervention must be prioritised.
  - Care must be safe, effective and delivered in the least restrictive setting.
  - The right data must be collected and used to drive and evaluate progress.
- 2.2 This vision is integral to the Southend, Thurrock and Essex Mental Health and Wellbeing Strategy 2017 - 2012. The vision within the Strategy itself is:
- Putting mental health at the heart of all policies and services, working together with communities to build resilience and emotional wellbeing.
  - Ensuring that everyone needing support in Southend, Essex and Thurrock including families and carers get the right service at the right time from the right people in the right way.

- Continue to remodel our services to ensure people get support at the earliest opportunity, with support for recovery, promoting inclusion and empowerment.
- Enable resilience for our communities, working in partnership with the third sector to transform the mental health and well-being of Greater Essex residents.
- Our services will be based on best evidence and co-produced with people who use them.
- Developing a seamless all-age approach, recognising that mental health is an issue throughout life and there are heightened points of vulnerability.
- Play our part in challenging mental health stigma and promoting social inclusion and social justice for everyone affected by mental illness.
- Have a resolute focus on delivering the outcomes that matter to individuals, families and communities, and will not let bureaucracy or silo-ed thinking get in the way.

2.3 The Southend Essex and Thurrock Mental Health and Wellbeing Strategy 2017-2021 consists of 3 documents which are attached to this report.

- A one page summary
- A shorter version for ease of reference
- The full strategy

2.4 There is a proposal within the Strategy to create a single Mental Health Commissioning Team across Greater Essex however no detail has been discussed regarding this proposal. Key for Thurrock at this stage is that we will be developing a joint local implementation plan between the CCG, Thurrock Council and people who use mental health services.

2.5 It is appreciated that there is a need to work more collaboratively together as a system but also to recognise that our direction of travel in Thurrock will continue to require a locality focused commissioning approach. This means therefore that a structure that requires our commissioning resource to be committed to a centralised team may not necessarily achieve our vision or meet strategic objectives therefore we will ensure that the Thurrock vision direction of travel is reflected in any future proposals.

2.6 Thurrock CCG have been leading on the development of the 24/7 mental health crisis response pathway for Greater Essex and will continue with this initiative in collaboration with partners.

2.7 Our view therefore is that we will collaborate fully with our partners however we must ensure that Thurrock adopts the strategy to support the delivery of responsive mental health services.

**3. Issues, Options and Analysis of Options**  
N/A

**4. Reasons for Recommendation**

4.1 To ensure that the Health and Well Being Board are informed regarding the Southend, Essex and Thurrock Mental Health and Wellbeing Strategy and the proposal to develop a Thurrock implementation plan for this strategy.

## **5. Consultation (including Overview and Scrutiny, if applicable)**

5.1 Consultation in Essex has taken place and as the implementation plan moves forward there will be significant consultation which will follow on from the events held when the South Essex Mental Health Strategy was written.

## **6. Impact on corporate policies, priorities, performance and community impact**

6.1 Changes to provision and priorities will influence policies and community impact particularly refocusing provision within the community for people with mental health problems this will be monitored closely.

## **7. Implications**

### **7.1 Financial**

None at present but finance will be fully involved as the programme of work develops through the implementation plan.

Implications verified by: Roger Harris – Director Adults Health and Commissioning

### **7.2 Legal**

None at present but legal will be fully involved as the work develops through the Thurrock implementation plan.

Implications verified by: Roger Harris – Director Adults Health and Commissioning

### **7.3 Diversity and Equality**

Equality impact assessments and consultation will be key to ensure that people are fully included and the extent of any proposed changes are evaluated appropriately

Implications verified by: Roger Harris – Director Adults Health and Commissioning

### **7.4 Other implications (where significant) – i.e. Staff, Health, Sustainability, Crime and Disorder)**

N/A

## **8. Background papers used in preparing the report (including their location on the Council's website or identification whether any are exempt or protected by copyright):**

## 9. Appendices to the report

Southend, Essex and Thurrock Mental Health and Wellbeing Strategy  
Executive Summary  
Strategy on a page



MH Strategy -  
Master Document MEI



Mental Health  
Strategy on a Sheet (



Mental Health  
Strategy V3a SET - E)

### Report Author:

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