

# Health and Wellbeing Strategy Action Plan: C1 Give parents the support they need

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# Why this is a priority – recent research

- The quality of the inter-parental relationship, specifically how parents communicate and relate to each other, is increasingly recognised as a *primary* influence on effective parenting practices and children’s long-term mental health and future life chances.
- Parents/couples who engage in frequent, intense and poorly resolved inter-parental conflicts put children’s mental health and long-term life chances at risk.
- Children of all ages can be affected by destructive inter-parental conflict, with effects evidenced across infancy, childhood, adolescence and adulthood.
- The context of the wider family environment is an important factor that can protect or exacerbate child outcomes in response to exposure to inter-parental conflict. In particular, levels of negativity and parenting practices can exacerbate or moderate the impact of inter-parental conflict on children.
- Inter-parental conflict can adversely affect both the mother-child and father-child relationship, with evidence suggesting that the association between inter-parental conflict and negative parenting practices may be stronger for the father-child relationship compared to the mother-child relationship

<http://www.eif.org.uk/publication/what-works-to-enhance-inter-parental-relationships-and-improve-outcomes-for-children-3/>

# Where are we now?

- Range of support services available across agencies including evidence based, accredited parenting programmes.
- Early Offer of Help commissioned parenting programmes available to approx. 200 parents per year
- Troubled Families programme offering support to 370 families per year by March 2017

# Current demand

- Demand for commissioned EOH services outstrips supply:
  - 180 places for parenting support commissioned – waiting list of 60 places
  - Support for parents who are victims of sexual violence continually over commissioned amount
- iMPOWER work on demand prevention shows:
  - 32% of contacts did not lead to social care action
  - Opportunities to improve when EOH interventions are offered and to improve partnership working to reduce demand

# Current Performance

## Early Offer of Help Parenting Programmes:

- All 200 places allocated with a waiting list of approx. 50. Of 130 parents who responded to post service questionnaires:
- 94% of parents feel better able to deal with their child's response to emotional distress
- 87% report improved communication within the family
- 86% report being better able to manage their own emotions and stress that were impacting on their children
- 90% report improved self-esteem and confidence in their children
- 92% report improved relationships with their child's school
- 99% of parents reported at least one improvement (of a total of 8) in their parenting
- 87% of cases that were referred prior to statutory involvement not subsequently re-referred into services (pre-statutory or statutory) nine months after case closure

## Troubled Families:

- Target of 370 families for 16/17 and by the end of October 16 - 273 currently being worked with.
- Our 5 year total was 1160 and has now been increased to 1240 by DCLG.
- Forecast for meeting target is good.

# Current Performance

## Additional Parenting Support:

- 140 parents per year who have been subjected to domestic abuse and violence accessing support to improve parenting capacity through awareness, resilience building and safety and support planning
- 40 parents per year who are victims of sexual abuse and violence to improve parenting capacity
- 10 parents per year who are perpetrators of domestic violence – behavioural change programme
- Ongoing support through wider services including Children’s Social Care, Health Visiting Teams, School Nursing Teams, Children’s Centres

## Health and Wellbeing Strategy KPI’s

KPI	Current Performance	Target 31.03.17
% of parents achieving successful outcomes from early intervention parenting programmes	72% (March 2016)	72.6% (March 2017, collected annually)
Number of families known to Troubled Families Service	273 (October 2016)	370 (March 2017)

# Where do we want to be?

- Significant opportunities to integrate Children's Centres, 0-19 Health Services, Early Offer of Help Services through 21<sup>st</sup> Century Wellbeing Offer.
  - Support and services
  - Commissioning
  - Buildings
  - Single point of access
- Further integration with Community Hubs, Integrated Healthy Living Centres
- A clear demand management strategy to appropriately reduce the numbers of children moving into statutory intervention

# How will we get there?

- Development of the 21<sup>st</sup> Century Wellbeing 0-19 Services for Children and Young People Model
  - Cabinet October 2016
  - Integrating Children's Centres, Health Visiting, School Nursing, Early Offer of Help
  - Consultation October – December 2016
  - Procurement commences January 2017
  - Changes implemented from April 2017 on a phased basis
- Aligned commissioning that is integrated where practical
  - To ensure we assess demand and develop solutions in partnership
  - Maximising opportunities and reducing duplication
  - Recognising that procurement may be in separate lots but will be part of a whole integrated approach

# How will we get there?

- Mapping of preventative services that reduce demand across partners
  - Building on existing work
  - Providing an overview of spend on preventative services
  - Contributing to the design of services, particularly those that have the biggest impact on improving outcomes
- Integration of different elements to provide a pathway of support
  - Identifying opportunities to improve joint working and delivery including through the 0-19 children and young peoples pathway and integrated commissioning
  - Integration of Troubled Families and Early Offer of Help



**Thank You**