

## Health and Wellbeing Strategy Action Plan

### Goal: Better Emotional Health and Wellbeing

<b>OBJECTIVE: C1: Give parents the support they need</b>		<b>OBJECTIVE LEAD: Sue Green</b>			
<b>Action</b>	<b>Outcome</b>	<b>Action lead</b>	<b>Link to outcome framework</b>	<b>Delivery Date</b>	<b>Reference to existing strategy or plan</b>
A. Commission the Healthy Families Programme and ensure there is engagement with schools as a part of the 0-19 Wellbeing Programme	Parents have access to universal support, advice and guidance through Health Visitors and School Nurses and that this is integrated with wider service delivery	Beth Capps	1,2,3	August 2017	Children's Commissioning Strategy; Public Health Service Plan
B. Complete an analysis of the Early Offer of Help Programme to inform re-commissioning of targeted parenting support	Support for parents in need of targeted, specialist support is available, based on what works and linked to the Early Offer of Help integrated offer	Mark Livermore	1	December 2016	Children's Commissioning Strategy
C. Secure funding and re-commission the Early Offer of Help Commissioned Offer and review Key Performance Indicators	Support for families at the edge of statutory intervention is available and can evidence an impact on the lives of parents and children.	Mark Livermore	1	August 2017	Children's Commissioning Strategy
D. To deliver children's centres and to implement service changes that will provide an integrated offer as a part of the 0-19 Wellbeing Programme and the development of support to develop adult skills.	A sustainable model of delivery that meets the needs of families as a part of an integrated offer is implemented.	Andrea Winstone	3	August 2017	Children's Commissioning Strategy; School Improvement Service Plan

## Outcome Framework

<b>Objective</b>	<b>C1: Give parents the support they need at the right time.</b>					
<b>Indicators</b>	<b>2016 Baseline</b>	<b>2017</b>	<b>2018</b>	<b>2019</b>	<b>2020</b>	<b>2021 Target</b>
<p><b>Outcome Framework indicator 1</b></p> <p><b>% of parents achieving successful outcomes from early intervention prevention parenting programmes.</b></p>						
<p>This indicator quantifies the proportion of parents who successfully complete 10 or more out of 12 sessions of the 'Strengthening Families' targeted parenting programme and evidence improvements in 3 or more of the 8 outcome areas. In general, there is evidence to indicate that certain parenting programs can reduce problem behaviour in children and improve parental mental health and wellbeing. It should be noted that the indicator definition may be subject to change if the commissioned offer changes between 2016 and 2021.</p>	<p><b>72%</b> (2015/16)</p>	<p>72.6%</p>	<p>73.2%</p>	<p>73.8%</p>	<p>74.4%</p>	<p><b>75%</b></p>
<p><b>Outcome Framework Indicator 2</b></p> <p><b>Number of families known to Troubled Families Service</b></p>						
<p>This quantifies the number of families that the Troubled Families team have provided support to. The headline criteria, underpinned by the DCLG Financial Framework 2015 for identifying families is as follows:</p> <ul style="list-style-type: none"> <li>• Parents and children involved in crime or anti-social behaviour</li> <li>• Children who have not been attending school regularly</li> <li>• Children who need help: children of all ages, who need help, are identified as in need or are subject to a Child Protection Plan</li> </ul>	<p><b>370</b> (2016/17)</p>	<p>528</p>	<p>686</p>	<p>844</p>	<p>1002</p>	<p><b>1160 by May 2020 (nationally-set target)</b></p>

<ul style="list-style-type: none"> <li>• Adults out of work or at risk of financial exclusion or young people at risk of worklessness</li> <li>• Families affected by domestic violence and abuse</li> <li>• Parents and children with a range of health problems</li> </ul>						
<p><b>Outcome Framework Indicator 3 *</b></p> <p>Increasing the proportion of children who achieve a 'Good Level of Development'<sup>1</sup> (GLD is at 75% in 2016) and reducing the gap between the most and least deprived groups by supporting child development and school readiness;</p>						
<p>This indicator supports a child's ongoing development and is one of the key outcomes being supported through the development of the 0-19 Wellbeing Programme. It also provides a good indication of work to reduce inequalities across the Borough, this is a key indicator for children's centres. The baseline performance is above the national level of 69% (2016) and the target performance aims to remain at least 2% above national levels.</p>	<b>75%</b>	76%	77%	78%	79%	<b>80%</b>

**\*New indicator identified by action plan lead**