

Health and Wellbeing Strategy Action Plan (B3) Build Strong, well-connected communities



Stronger Communities – Where are we now?

- The ‘strong well-connected communities’ agenda is managed through the cross-agency Stronger Together Partnership
- A programme of work has been in place for some time
- We are also progressing a separate strand of work focusing on dementia sufferers
- The programme recognises that people live more fulfilled lives if they can connect with the communities they live in
- This has numerous benefits for individuals, communities and also statutory organisations – demand management
- Some of the initiatives that are already happening are.....

Time Bank

Timebanking is volunteering with a twist:

- It is ad-hoc volunteering
- You only do what you want, when you want
- You can earn Time Credit for any voluntary work you are already doing
- Time credit can be donated to a community pot to support people who may not have their own Time Credits to get support
- Timebanking can be for individuals or organisations
- Organisations and groups can become Mini-Time Banks



1 hour = 1 Time Credit



Time Bank

where we are now

November 2014 to April 2016



10,970 hours exchanged



206 Individual members



42 organisations



474 transactions

Community Hubs Thurrock

Where we are now

6 Hubs across Thurrock

- South Ockendon Centre – opened March 2013
- Chadwell St Mary Centre – opened Feb 2014
- Acorns Stifford Clays – opened 2015
- Tilbury Hub re-opened – June 2016
- Purfleet Community Hub – opening Sept 2016
- Aveley Community Forum – new build



Community Hubs Thurrock

Community Hubs are to:

- Co-design a local offer with residents which reflects neighbourhood priorities.
- Develop stronger, more resilient and aspirational communities that utilise the strength and assets of their communities' first and statutory services second.
- Local citizens have the opportunity to be better able to address issues early and prevent problems escalating; leading to lower demand on statutory interventions.





Small Sparks

Small Sparks Matching Funds offers funding for new one-off projects in Thurrock, run by individuals or groups

**Established in 2014 with a fund of £10,000
£6,480 awarded to date to 26 groups**

Inspiring Local Giving in Thurrock

Local Giving is an exciting campaign spreading across London – it aims to bring everyone living and working in a borough together to tackle the key local issues and improve lives across their community.

Thurrock Community Fund (managed by TCVS and funded by Thurrock Borough Council) has secured funding to create a Local Giving campaign in Thurrock and we would like businesses and local people to get involved and shape this innovative project.



How Can We Make This Happen?

- Build on the fantastic tradition of giving in Thurrock with over 500 new volunteers recruited each year, and over 105 registered charities and 400 community groups and organisations directly supporting residents.
- Bring together community champions who are keen to make Thurrock even better - from businesses, the community, charities and the public sector.
- Identify the priorities we need to tackle together e.g. Hackney Giving supports employment/training plus health/wellbeing whilst Love Kingston focusses on poverty.
- Encourage people and businesses in Thurrock to give what they can - money, time or talents - to make a real difference to our community e.g. in 3 years Islington Giving has raised over £2 million and recruited over 1000 volunteers.
- Give money, time or talents to local charities who we know can have a real impact on improving lives in Thurrock e.g. the Kensington and Chelsea Foundation raised £312,233 in 2014/15 benefitting 57 local charities and 14,393 local people.



What is Social Prescription ... ?

Definition:

Social prescribing is a means of enabling primary care services to refer patients with social, emotional or practical needs to a range of local, non-clinical services. Often these services are provided as part of a model of partnership between the voluntary and community sector (VCS) and GPs.



Social Prescribing

Strengthening individuals, strengthening communities

Provides a framework for:

- Pilot will commence October for 12 months in Aveley, Purfleet, Tilbury and East Tilbury
- Connecting people with long term conditions, referred through case management teams, to sources of support in their community
- Risk Stratification identifies top 3% of patients at risk of hospitalisation 3-5% identified using risk stratification and GP Clinical Judgement
- Patients referred to Multi Disciplinary Team of GP'S, Practice Nurses/ District Nurses/ Community Matrons/ Social Worker and VAR VCS SPS Advisor
- Linking a Voluntary Sector Advisor to each practice to support GP and Primary Care team to find community activities that meet patient needs



Where do we want to be?

- The Stronger Communities Programme continues to grow and must do so at a pace informed by communities themselves
- The Programme continues to expand with some initiatives to commence later in the year (social prescribing, local giving etc.)
- We will have succeeded if we are able to better connect people with their communities by focusing on and growing local community activities
- We will have also succeeded if local people feel they have a greater say in what happens in their neighbourhood and feel in control of where they live and the decisions that affect them
- We will use both qualitative and quantitative measures of success – e.g. KPIs and also stories and case studies